



# **NAD/NADH Microplate Assay Kit**

## **User Manual**

**Catalog # CAK1008**

(Version 2.4F)

Detection and Quantification of NAD/NADH Content in Urine,  
Serum, Plasma, Tissue extracts, Cell lysate, Cell culture media and  
Other biological fluids Samples.

**For research use only. Not for diagnostic or therapeutic procedures.**

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## I. INTRODUCTION

Nicotinamide adenine dinucleotide (NAD<sup>+</sup>) is a vital coenzyme found in all cells. As NAD<sup>+</sup> is involved in redox reactions, it is found in two forms in cells. NAD<sup>+</sup> is an oxidizing agent and becomes reduced to form NADH, which can be used as a reducing agent. As a result, it plays a key role in metabolism and other cellular processes. In organisms, NAD<sup>+</sup> can be synthesized de novo from tryptophan or aspartic acid. Because of the wide variety of functions that NAD<sup>+</sup> plays, it is a popular target for pharmaceuticals.

NAD/NADH Microplate Assay Kit provides a simple and direct procedure for measuring NAD<sup>+</sup>/NADH levels in a variety of samples. The kit is based on an alcohol dehydrogenase cycling reaction, in which the formed NADH reduces a formazan reagent. The intensity of the reduced product color, measured at 450 nm, is proportionate to the NAD<sup>+</sup>/NADH concentration in the sample.

## II. KIT COMPONENTS

Component	Volume	Storage
96-Well Microplate	1 plate	
Assay Buffer	30 ml x 2	4 °C
Reaction Buffer	10 ml x 1	4 °C
Enzyme	Powder x 1	-20 °C
Substrate	10 ml x 1	4 °C
Dye Reagent A	Powder x 1	4 °C
Dye Reagent B	1 ml x 1	4 °C
Standard	Powder x 1	-20 °C, keep in dark
Technical Manual	1 Manual	

**Note:**

**Dye Reagent A:** add 1 ml distilled water to dissolve before use, mix. Store at -20°C for a month.

**Enzyme:** add 1 ml Reaction Buffer to dissolve before use, mix. Store at -80°C for a month.

**Standard:** add 1 ml distilled water to dissolve, mix; then add 25 µl solution into 975 µl distilled water, mix. The concentration will be 50 µmol/L. Store at -20°C for a month.

### III. MATERIALS REQUIRED BUT NOT PROVIDED

1. Microplate reader to read absorbance at 450 nm
2. Distilled water
3. Pipettor, multi-channel pipettor
4. Pipette tips
5. Mortar
6. Ice
7. Centrifuge
8. Timer
9. Water bath

### IV. SAMPLE PREPARATION

1. For serum or plasma samples

Total NADH and NAD<sup>+</sup>:

Detect directly or dilute with distilled water.

NAD<sup>+</sup> Decomposition:

To detect NADH, the NAD<sup>+</sup> needs to be decomposed before the reaction. Keep some samples at 60 °C for 30 min in water bath to completely decompose the NAD<sup>+</sup>. Cool samples on ice. Centrifuge at 8000g 4 °C for 10 minutes and transfer the supernatant into a new centrifuge tube, keep it on ice for detection.

2. For tissue samples

Total NADH and NAD<sup>+</sup>:

Weigh out 0.05 g tissue, homogenize with 500 µl Assay Buffer on ice; centrifuged at 8000g 4 °C for 10 minutes, transfer the supernatant into a new centrifuge tube, keep it on ice for detection.

NAD<sup>+</sup> Decomposition:

To detect NADH, the NAD<sup>+</sup> needs to be decomposed before the reaction. Keep some samples at 60 °C for 30 min in water bath to completely decompose the NAD<sup>+</sup>. Cool samples on ice. Centrifuge at 8000g 4 °C for 10 minutes and transfer the supernatant into a new centrifuge tube, keep it on ice for detection.

### 3. For cell and bacteria samples

Total NADH and NAD<sup>+</sup>:

Collect cell or bacteria into centrifuge tube, discard the supernatant after centrifugation, add 500 µl Assay Buffer for  $500 \times 10^4$  cell or bacteria, sonicate (with power 20%, sonication 2s, interval 1s, repeat 30 times); Centrifuge at 8000g 4 °C for 10 minutes and transfer the supernatant into a new centrifuge tube; keep it on ice for detection.

NAD<sup>+</sup> Decomposition:

To detect NADH, the NAD<sup>+</sup> needs to be decomposed before the reaction. Keep some samples at 60 °C for 30 min in water bath to completely decompose the NAD<sup>+</sup>. Cool samples on ice. Centrifuge at 8000g 4 °C for 10 minutes and transfer the supernatant into a new centrifuge tube, keep it on ice for detection.

## V. ASSAY PROCEDURE

Add following reagents into the microplate:

Reagent	Sample (Total)	Sample (NADH)	Standard	Blank
Sample	20 $\mu$ l	20 $\mu$ l	--	--
Standard	--	--	20 $\mu$ l	--
Distilled water	--	--	--	20 $\mu$ l
Reaction Buffer	70 $\mu$ l	70 $\mu$ l	70 $\mu$ l	70 $\mu$ l
Enzyme	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l
Substrate	80 $\mu$ l	80 $\mu$ l	80 $\mu$ l	80 $\mu$ l
Dye Reagent A	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l
Dye Reagent B	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l	10 $\mu$ l
Mix, keep in dark for 10 minutes at room temperature, record absorbance measured at 450 nm.				

### Note:

- 1) Perform 2-fold serial dilutions of the top standards to make the standard curve.
- 2) The concentrations can vary over a wide range depending on the different samples. For unknown samples, we recommend doing a pilot experiment & testing several doses to ensure the readings are within the standard curve range.
- 3) Reagents must be added step by step, can not be mixed and added together.

## VI. CALCULATION

### 1. According to the volume of sample

$$\begin{aligned} \text{NAD/NADH } (\mu\text{mol/ml}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample(Total)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \\ &\quad \text{OD}_{\text{Blank}}) / V_{\text{Sample}} \\ &= 0.05 \times (\text{OD}_{\text{Sample(Total)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \end{aligned}$$

$$\begin{aligned} \text{NADH } (\mu\text{mol/ml}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample(NADH)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \\ &\quad / V_{\text{Sample}} \\ &= 0.05 \times (\text{OD}_{\text{Sample(NADH)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \end{aligned}$$

$$\text{NAD}^+ (\mu\text{mol/ml}) = \text{NAD/NADH } (\mu\text{mol/ml}) - \text{NADH } (\mu\text{mol/ml})$$

### 2. According to the weight of sample

$$\begin{aligned} \text{NAD/NADH } (\mu\text{mol/g}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample(Total)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \\ &\quad \text{OD}_{\text{Blank}}) / (W \times V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.025 \times (\text{OD}_{\text{Sample(Total)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / W \end{aligned}$$

$$\begin{aligned} \text{NADH } (\mu\text{mol/g}) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample(NADH)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / \\ &\quad (W \times V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.025 \times (\text{OD}_{\text{Sample(NADH)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / W \end{aligned}$$

$$\text{NAD}^+ (\mu\text{mol/g}) = \text{NAD/NADH } (\mu\text{mol/g}) - \text{NADH } (\mu\text{mol/g})$$

### 3. According to the quantity of cells or bacteria

$$\begin{aligned} \text{NAD/NADH } (\mu\text{mol}/10^4) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample(Total)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \\ &\quad \text{OD}_{\text{Blank}}) / (N \times V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.025 \times (\text{OD}_{\text{Sample(Total)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / N \end{aligned}$$

$$\begin{aligned} \text{NADH } (\mu\text{mol}/10^4) &= (C_{\text{Standard}} \times V_{\text{Standard}}) \times (\text{OD}_{\text{Sample(NADH)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) \\ &\quad / (N \times V_{\text{Sample}} / V_{\text{Assay}}) \\ &= 0.025 \times (\text{OD}_{\text{Sample(NADH)}} - \text{OD}_{\text{Blank}}) / (\text{OD}_{\text{Standard}} - \text{OD}_{\text{Blank}}) / N \end{aligned}$$

$$\text{NAD}^+ (\mu\text{mol}/10^4) = \text{NAD/NADH } (\mu\text{mol}/10^4) - \text{NADH } (\mu\text{mol}/10^4)$$



$C_{\text{Protein}}$ : the protein concentration, mg/ml;

$C_{\text{Standard}}$ : the protein concentration, 50  $\mu\text{mol/L}$  = 0.05  $\mu\text{mol/ml}$ ;

W: the weight of sample, g;

$V_{\text{Sample}}$ : the volume of sample, 0.02 ml;

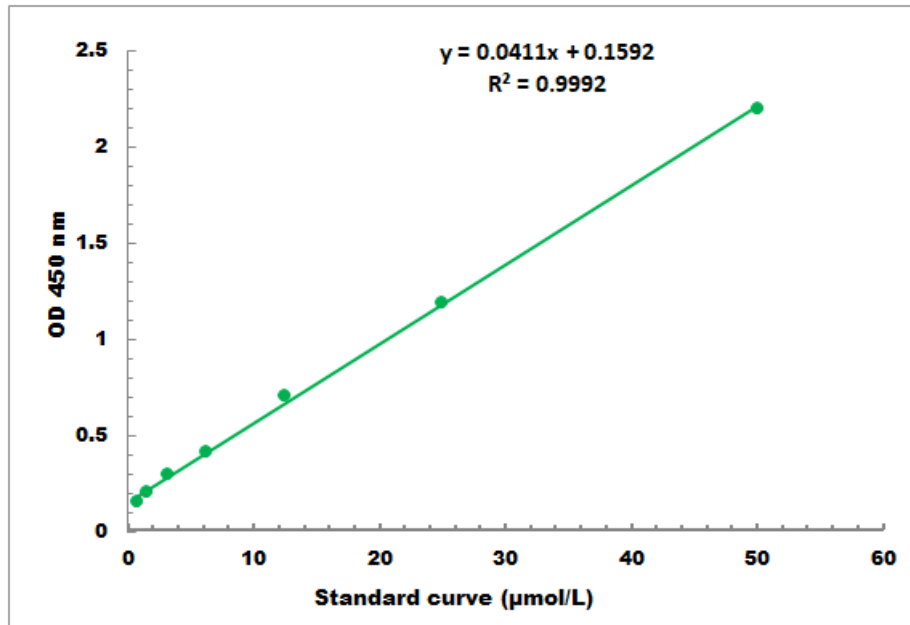
$V_{\text{Standard}}$ : the volume of sample, 0.02 ml;

$V_{\text{Assay}}$ : the volume of Assay Buffer, 0.5 ml;

N: the quantity of cell or bacteria,  $N \times 10^4$ .

## VII. TYPICAL DATA

The standard curve is for demonstration only. A standard curve must be run with each assay.



Detection Range: 0.5 µmol/L - 50 µmol/L

## VIII. TECHNICAL SUPPORT

For troubleshooting, information or assistance, please go online to [www.cohesionbio.com](http://www.cohesionbio.com) or contact us at [techsupport@cohesionbio.com](mailto:techsupport@cohesionbio.com)

## IX. NOTES